

Summer in Chilliwack

A Family Resource Guide by Southside Church

Parents - this is for you!

Summer can be a wonderful season - and a stretched one, with kids home all day, higher grocery bills, and school meal programs on pause. We put this guide together to take a little of that weight off and help you find free and low-cost ways to enjoy the months ahead together.

How to get the most out of this guide

There's a lot here — please don't feel you have to do it all. The list is meant to be a menu, not a to-do list. Here's an easy way to start:

1. **Pick five to start.** Look through the guide and circle just five things that sound fun or doable for your family.
2. **Try one a week.** Choose one of your five each week. A single splash park afternoon or library storytime counts as a win.
3. **Follow the free stuff first.** Most of what's here costs nothing. Watch for the splash parks, parks, hikes, lakes, and free camps — they're the easiest place to begin.
4. **Mix it up.** Aim for one active outing, one calm one, and one brand-new thing. Variety keeps everyone happier.
5. **Keep it on the fridge.** Stick this guide somewhere visible so it's the first thing you reach for on a "what do we do today?" morning.
6. **Save the help for when you need it.** The Cost Support section at the end can cover swimming, sports, and camp fees — don't hesitate to use it.

Canada Day — July 1

Chilliwack Heritage Park (44140 Luckakuck Way), 4:00–10:30 pm. Drone show, food trucks, live music, a kids' zone, and more.

Free daytime activities:

- Free skate — Sardis Sports Complex, 10:00–11:30 am
- Toonie swims — Landing Leisure Centre 10:00 am–12:00 pm; Cheam Leisure Centre 1:00–3:00 pm
- Kiwanis pancake breakfast — Evergreen Hall, 8:00–11:00 am
- Chilliwack Museum — free entrance, 10:00 am–2:00 pm

Neighbourhood Drop-in Centres (Family Place Network)

Free, play-based drop-in for young children and their caregivers — activities, group learning, workshops, and field trips.

- **Downtown Family Place** — 9435 Young Rd, 604-378-1803. Mon & Wed 9–11 am and 12–2 pm, Thurs 9–11 am
- **Sardis Family Place** — 5685 Unsworth Rd, 604-378-1803. Fri 12–2 pm
- **East Chilliwack Family Place** — 46551 Chilliwack Central Rd, 604-701-4940. Thurs 9:30–11 am
- **Greendale Family Place** — 5200 Sumas Prairie Rd, 604-701-4940. Wed 9:30–11 am
- **South Sumas Family Place** — 45625 South Sumas Rd, 604-378-1803. Tues & Thurs 9–11 am and 12–2 pm

Splash Parks (all free)

- Cheam Centre — 45501 Market Way (Garrison Crossing)
- Chilliwack Landing — 9145 Corbould St
- Central Community Park — 45943 Victoria Ave
- Phillipson Family Park — 46661 Sylvan Dr
- Webster Park — 44524 Keith Wilson Rd
- Fairfield Park — 46219 Clare Ave
- Cedarbrook — 45434 Willowstream Rd

Family-Friendly Parks

Vedder Park (Rotary Trail), Peach Park (Rotary Trail), Great Blue Heron Reserve (5200 Sumas Prairie Rd), and Sardis Park (6898 School Lane).

Over 100 more Chilliwack parks are listed on the City website: chilliwack.com/parks

Family-Friendly Hikes

- Seven Sisters Trail (Cultus Lake) — 4 km old-growth forest
- Bridal Veil Falls (Popkum) — 0.8 km mossy forest to a waterfall
- Hillkeep Regional Park — 2.1 km with a viewpoint
- Chilliwack Community Forest (East Chilliwack)
- Teapot Hill (Cultus Lake) — 5 km; find all the teapots!
- Whippoorwill / Sandy Point (Harrison Lake)
- Hicks Lake (Harrison) — 6 km around the lake
- Hope River Rotary Trail • Cascade Falls (Agassiz) • Flood Falls (Hope)

Stroller-Friendly Walks

Great Blue Heron Reserve, Bridal Veil Falls (Popkum/Rosedale), Vedder Rotary Trail, Thompson Regional Park (Chilliwack Lake Rd), Spirit Trail (Harrison), Hicks Lake Beaver Pond Trail (Harrison), Harrison Lagoon Promenade, Brown Creek Wetlands Loop (5205 Browne Rd), Sardis Park Loop (6898 School Lane), Cheam Lake Wetlands (Popkum/Rosedale), and Hope River — Corbould Park (9899 Corbould St).

Bike Parks

- **For the littles:** Vedder Park (Rotary Trail), Chilliwack Pump Track, Yarrow Pioneer Park, Syexw Cho:leqw Adventure Park (east of Agassiz), Hope Bike Park
- **Intermediate:** Island 22 Bike Skills Park, Chilliwack Community Forest (Pitxel loop), Syexw Cho:leqw Adventure Park, Hope Bike Park
- **Advanced:** Landing All-Wheel Skate Park (Downtown Leisure Centre), Hope Bike Park

Lakes

Cultus Lake, Chilliwack Lake, Harrison Lake, Hicks Lake (Harrison), Lake of the Woods (Hwy 1, 5 km north of Hope), and Kawkawa Lake (Hope).

Pools

- Rotary Outdoor Pool — 46245 Reece Ave, 604-795-5562
- Chilliwack Landing Leisure Centre — 604-793-7946
- Cheam Leisure Centre — 604-824-0231
- Chilliwack Family YMCA — 604-792-3371
- Public Mineral Pool (Harrison) — 604-796-2244 ext. 5

Things to Do for Free

- Juvee Hoops — drop-in pickup basketball for youth, Chilliwack Middle School gym, Fri 6:30–8:30 pm
- River lounging along the Vedder River
- Kilby Park — sandy Fraser River beach (Agassiz)
- Any of the lakes listed above; bike the Vedder Rotary Trail
- Harrison beach & playground; Greenpoint (Harrison)
- **Movie in the Park** — Main Beach, Cultus, around dusk (9 pm): Fri July 3, July 17, July 31, and Aug 14
- BC Summer Reading Club — join at the Sardis, Chilliwack, or Yarrow libraries

Outdoor Storytime in the park:

- Sardis Library — Great Blue Heron Reserve, July 23, 10–11 am
- Chilliwack Library — Andy the Musical Scientist (July 9), Circus Lab (July 16), WildSafeBC (July 23), Kelly Haines Ventriloquist (July 30), Great Blue Heron Reserve (Aug 6), all 10–11 am

\$ Things to Do (Some Cost)

Greendale Acres, Klaassen Farms, Atchelitz Pioneer Village, Fantasy Farms, the Great Blue Heron Reserve Interpretive Centre, Cineplex (Tuesday cheap night or Saturday 11 am matinee), Bridal Falls Waterpark “Dry Pass” (\$9 for the last 1.5 hrs of the day), Chillibowl Lanes bowling & pool hall, and public swims.



Special Summer Events

- Village Classic Car Show — June 28, historic downtown Chilliwack
- Chilliwack Ribfest — July 24–26
- Chilliwack Mural Festival Street Party — Aug 14–15
- Chilliwack Flight Festival (Hangar Party & Airshow) — Aug 15–16
- Music & More — free summer concerts, rotating between the Chilliwack and Sardis libraries
- Yarrow Farm Market — Yarrow Pioneer Park, every Friday evening until September



Free Camps & Youth Programs

- **Chilliwack Community Services (CCS) Youth Recreation** — summer programs for ages 9–12 and 13–18
- **“Beyond the Bell” & Community Drop-ins** — middle/high school: skateboard camps, ball hockey, futsal, and dedicated girls’ sports clubs
- **YMCA Summer Drop-In** — Chilliwack & Cheam Leisure Centres, ages 11–18: group games, outdoor activities, crafts, and karaoke nights



Cost Support — Help With Fees

If cost is the only thing standing between your child and a swim, a sport, or a camp, these can help:

- **Leisure Access Pass (LAP)** — low- or no-cost recreation for eligible Chilliwack residents, through Chilliwack or Cheam Leisure Centres.
 - chilliwack.com/leisure-access
- **Grade 5 Get Active Pass** — free public swims, skates, and select drop-in sports for kids who just finished Grade 5, until Aug 31, 2026. City Recreation & Culture: 604-793-2904
- **Canadian Tire Jumpstart** — covers registration, equipment, or transportation for organized sport. Chilliwack Family YMCA: 604-792-3371
- **KidSport** — grants that remove financial barriers to organized sport for ages 6–18. Apply through City Recreation & Culture: 604-793-2904



The Overwhelm Escape Plan

Parenting can be exhausting, especially when everyone is overwhelmed and it feels like life is unravelling. On those hard days, pack up the kids with a few snacks, and head to the nearest park - even for just 20 minutes. The fresh air, movement, and change of scenery can help everyone reset, burn off stress, and come home feeling a little calmer and a lot lighter.

You are seen, you are valued, and you are not alone this summer.

*With love, the All Is Bright team at Southside
www.southsidelife.com*